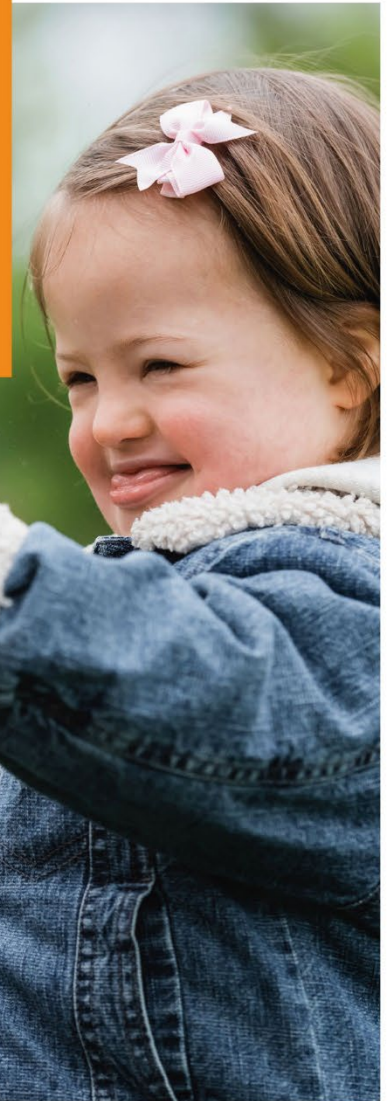




Powys Regional Partnership Board

Annual Report

April 2022 to March 2023



Bwrdd Partneriaeth
Ranbarthol Powys
Iechyd a Gofal
Cymdeithasol



Powys Regional
Partnership Board
Health and
Social Care



Llywodraeth Cymru
Welsh Government

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EXECUTIVE SUMMARY

The Powys Regional Partnership Board (RPB) is pleased to introduce its annual report which highlights achievements from 1 April 2022 to 31 March 2023. The RPB continues with a strong commitment to providing joined-up health and social care services that improve outcomes for people in Powys.

It has been a challenging year, with a difficult winter that saw continued pressures put on the health and care system, particularly in terms of the workforce. The RPB continued to play an important role in offering a space to plan and co-ordinate a response across partners.

It was also a year of reflection and forward planning, incorporating a mid-term review of our ten-year Health and Care Strategy, "A Healthy, Caring Powys". The strategy continues to guide our work as it sets the priorities for transforming health and care in the region up to 2028.

The strategy has been refreshed, considering the views and evidence gathered from the Powys Population Needs Assessment and Wellbeing Assessment. The strategy was reaffirmed by the RPB and, alongside this, a new Joint Area Plan which outlines priorities for the next five years was agreed. An overview of these are included within this Annual Report, with the full Joint Area Plan to be published soon.

There is still much to progress to celebrate as we support people to Start Well, Live Well and Age Well.

The Start Well Partnership works to improve services for children and young people, with a focus on complex needs. The partnership is developing the NEST/NYTH model, which ensures a comprehensive approach to mental health, well-being, and support services. The partnership has achieved positive outcomes, such as increased access to emotional health support, appropriate referrals to services, and the development of therapeutic teams.

The Live Well Partnership focuses on creating a supportive environment for individuals to "Live Well" and access the right help and support. The partnership seeks to strengthen services for people with disabilities and enables Community development to support wellbeing at a local level. The Live Well Mental Health Partnership specifically works on enhancing mental health services, engaging with service users and third-sector providers.

The Age Well Partnership works to support older people to live independently, addressing issues such as frailty, memory loss and homelessness. It strives to deliver care closer to home and has rolled-out programmes like the Micro-Enterprise Project, which promotes community-based social care and health services. The partnership's Befrienders Service and Technology Enabled Care Project have also made significant contributions to enhancing social connections and supporting independent living.

Due to the breadth and depth of the work through the Regional Partnership Board, this Annual Report can only highlight some of the key work that has taken place and spotlight specific areas of good practice for wider sharing, learning and adoption. Whilst there is clearly much to be proud of, work must continue at pace within the framing of the reaffirmed strategy and refreshed Joint Area Plan priorities this year to help deliver on the ambition.

THE BOARD'S ROLE AND PURPOSE

Powys Regional Partnership Board (RPB) brings together a range of public service representatives and other key people, including citizens, to ensure that organisations work better together to improve the health and wellbeing of the people of Powys. The RPB Terms of Reference a statement of intent which sets out what it is trying to accomplish:



- » Create a momentum for critical improvements, by identifying key priorities for Powys citizens and concentrate efforts to ensure those are being addressed
- » Increase the focus on early intervention and prevention by encouraging citizen control and ownership in health and wellbeing matters to minimise the escalation of need
- » Ensure the voice of the citizen is not only heard but acted upon to improve services
- » Utilise intelligence on existing and future needs of citizens in the planning of services throughout the spectrum of need and ensure resources are maximised through judicious engagement with other bodies undertaking similar activity
- » Ensure quality services are delivered efficiently and effectively through a skilled and motivated workforce and volunteers
- » Promote the integration of care and support between Social Services and Health
- » Ensure co-production and the commissioning of services with the public, private and voluntary sectors that promotes connected and seamless services working effectively together
- » Foster innovative new practices and promote a learning culture Ensure effective mechanisms are in place to bridge the gap between organisational and public communication on the planning and achievements of services.

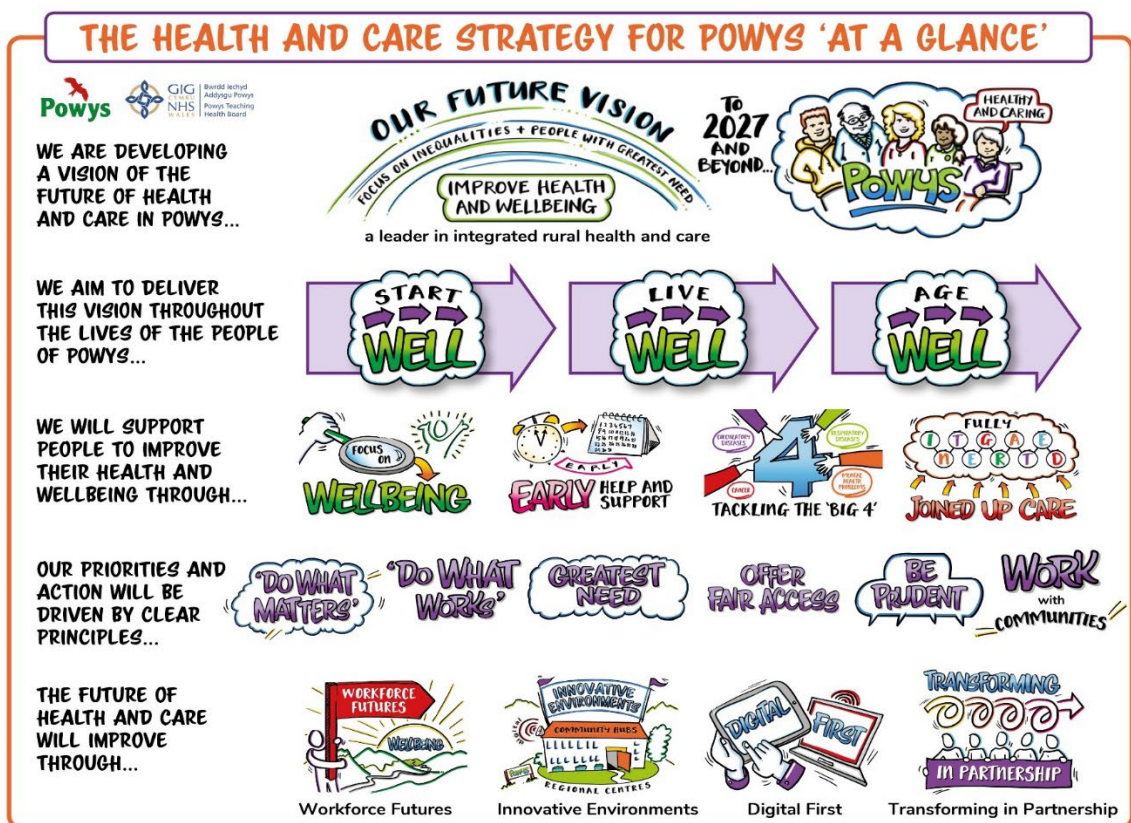
HEALTH AND CARE STRATEGY

The RPB's work is driven by Powys' Health and Care Strategy, A Healthy Caring Powys' which sets out the priorities for transforming health and care in Powys up to 2028. All partners have come together throughout 2022 to review and refresh these priorities and to produce our second Regional Partnership Board Joint Area Plan.

The new Joint Area Plan builds on the progress and learning of the last five years and responds to what people of Powys have said about their health and care, and what matters to them.

We've drawn extensively on our refreshed understanding of life in the county with the updated views and evidence gathered as part of the [Powys Population Needs Assessment \(2022\)](#), [Wellbeing Assessment \(2022\)](#), [Powys Market Stability Report \(2022\)](#) as well as other new research, feedback and policy.

The new Area Plan sets out how we can improve the health and wellbeing of people in Powys and will deliver the final stages of our ten-year ambition. To see the updated Area Plan along with reviewed priorities visit www.powysrpb.org



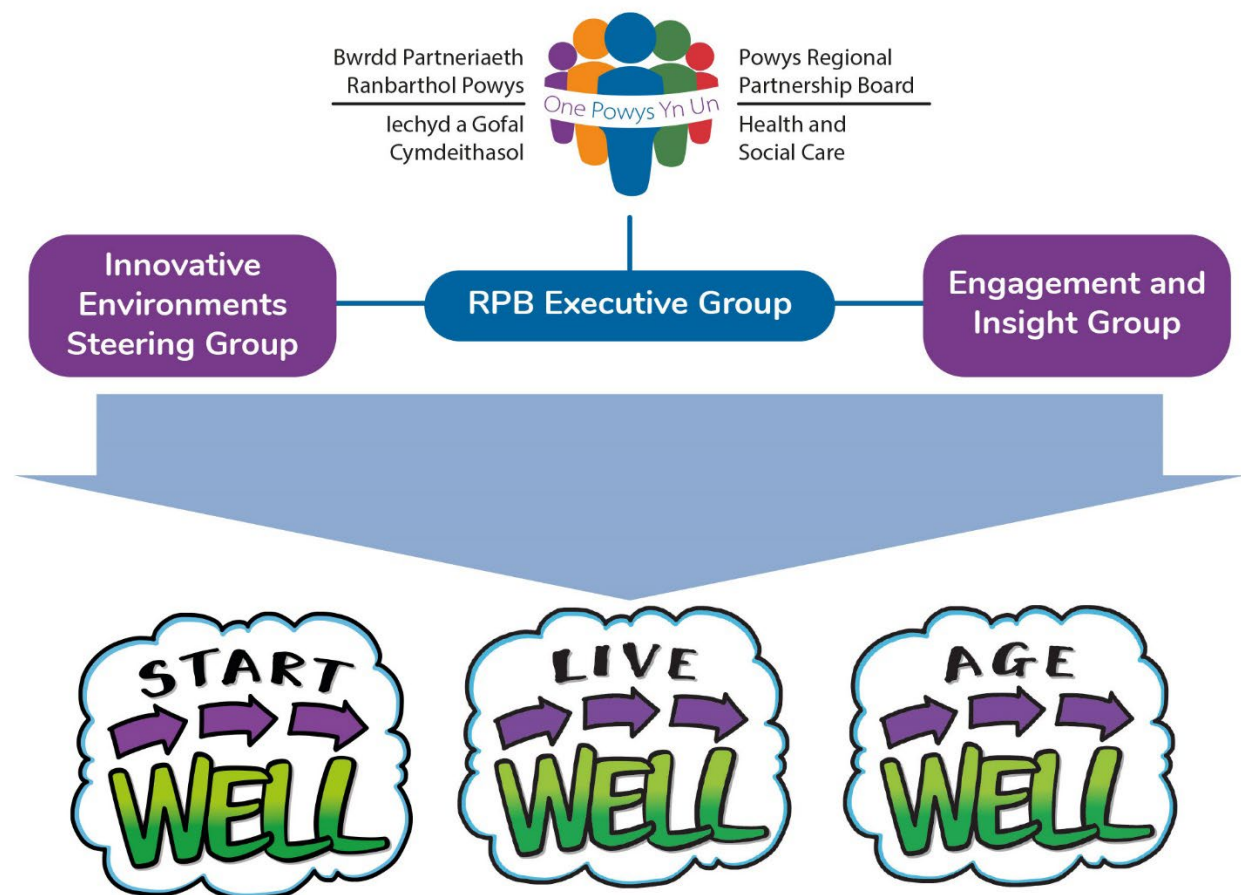
How the work of the Board gets done

The Regional Partnership Board sets the strategic direction for health and care in Powys and the joint priorities for working together. Key to delivering on the ambition and priority areas, are the four subsidiary partnerships: Start Well, Live Well, Live Well (Mental Health) and Age Well. They each involve a much wider group of people and also have their own sub-groups that carry out more detailed work.

Each group has a particular focus on a specific population group – children, young people and families (Start Well), Adults (the Live Well partnership), and Older People (Age Well). Some areas of focus are relevant to all these age groups and therefore are cross cutting. These include unpaid carers for example, as well as the requirement to provide relevant information, advice and assistance.

Wider engagement with people is very important and the partnership and subgroups have various ways in which they can hear the voice of people to help shape decisions. Start Well for example have a Junior Start Well Board made up of young people who can discuss key issues and feed these in.

The RPB Executive Group acts as a strategic oversight and co-ordination group to help drive the work of the RPB forward across partners and offer support and challenge for key decisions. The Boards' work is co-ordinated through the RPB Team which provides high level support and co-ordination across all this.



THE BOARD'S MEMBERSHIP

RPB Chair, Vice Chair of Powys Teaching Health Board

RPB Co-Vice Chair, Cabinet Member for a Caring Powys, Powys County Council

RPB Co-Vice Chair, Chief Executive Officer, Powys Association of Voluntary Organisations

Director of Social Services and Housing, Powys County Council

Chief Executive of Powys Teaching Health Board

Director of Education and Children, Powys County Council

Head of Commissioning and Partnerships, Powys County Council

Policy Advisor, Care Forum Wales

Head of Adult Social Care, Powys County Council

Director of Partnerships and Engagement at Welsh Ambulance Services NHS Trust, Powys Teaching Health Board

Executive Director of Primary, Community and Mental Health, Powys Teaching Health Board

Carers Members

Citizen Members

Social Value Landlord Representative, Barcud

Cabinet Member for Future Generations, Powys County Council

RPB Autism Champion, Action for Children

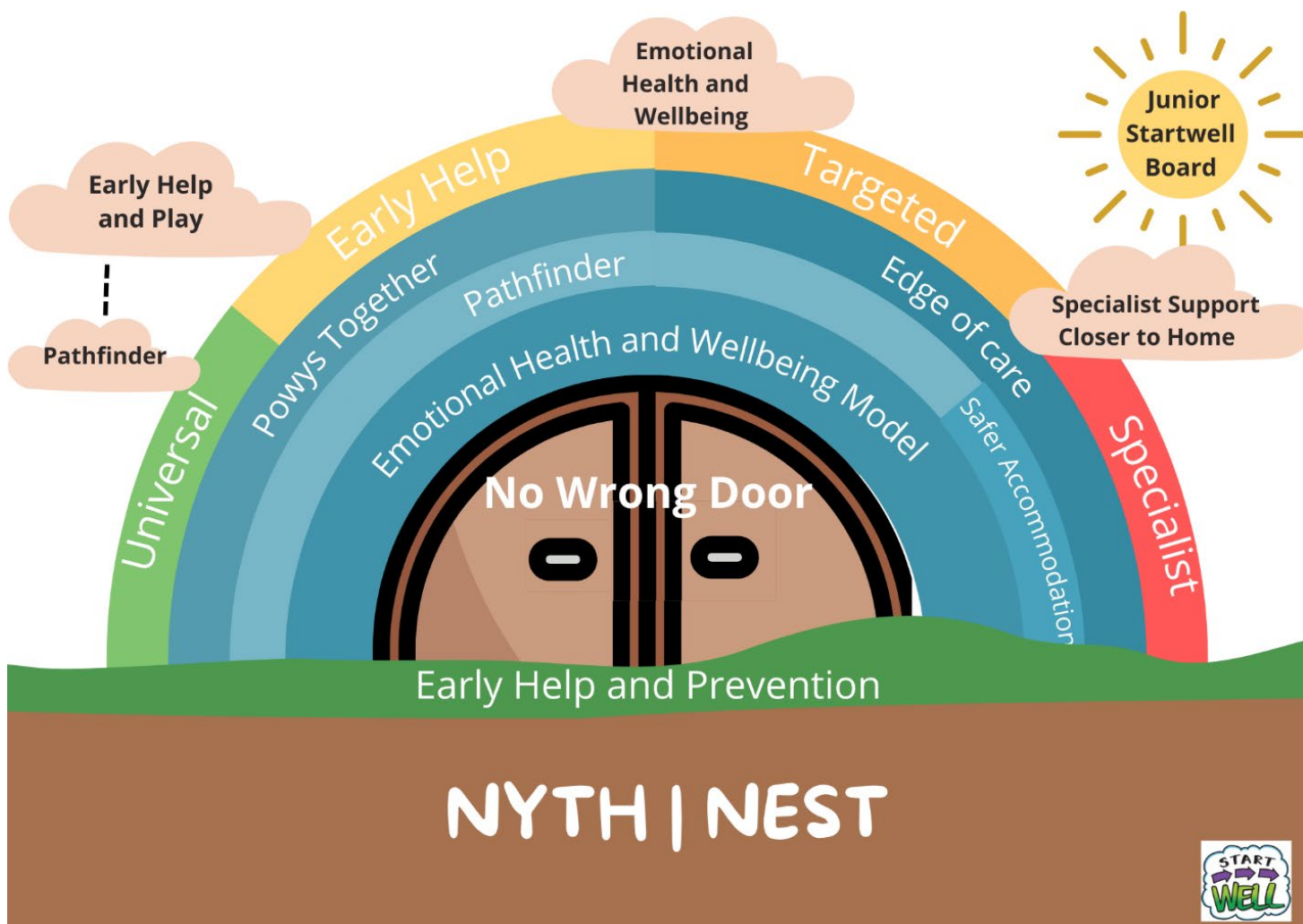
START WELL



The Start Well Partnership works to strengthen and transform services for children and young people in Powys. The Partnership works to meet key priorities across the spectrum of need including children with complex needs.

The Start Well Partnership Members have been working to develop a [NEST / NYTH model](#) for Powys. This framework aims to ensure a 'whole system' approach for developing mental health, well-being and support services for babies, children, young people, parents, carers and their wider families across Wales.

NEST / NYTH in Powys cuts across the workstreams that sit under Start Well and underpins the development of key priorities such as Pathfinder project, Powys Together, Edge of Care, Safer Accommodation and the Emotional Health and Wellbeing Model.



Start Well Highlights

Emotional Health and Wellbeing

Powys has developed an Emotional Health and Wellbeing Model, which brings together all elements of children, young people and families' emotional health and wellbeing. The model is an integrated way for services, national legislation and guidance to work together to support wellbeing.

The Emotional Health and Wellbeing project provides support across a range of needs by addressing the gaps in emotional health and wellbeing services. The project primarily works with children, young people, families and staff who require additional emotional health and wellbeing support. The project also works with a range of services to provide an integrated and seamless response to wellbeing needs.

This year the Emotional health and Wellbeing Project has increased capacity in services as well as identifying and providing services to meet needs.

The project has worked directly with over 1000 young people.

Feedback, scores and case studies demonstrate the positive impact this work is having. Some of the projects key achievements this year include:

- An increased number of young people receiving emotional health support.
- An increase in appropriate referrals into CAMHS and other services
- A continued primary school (year 5 & 6) art creative therapeutic group work service.
- A new Therapeutic and Positive attachment Team being developed

Specialist Services Closer to Home

The partnership continues to provide intensive support to improve the current living arrangements for children and young people so that they can remain living with their families rather than entering care, where it is safe to.

The *Edge of Care Project* works with children, young people and their families to support children on the "Edge of Care".

Through evidence-based interventions and an early intervention approach, the projects support families to stay together and keep children at home safely.

The project has provided evidence-based interventions that have enabled families to develop problem solving skills, build resilience and achieve positive, sustainable behaviour change.



Trained and experienced staff have provided a rapid response to children and families in crisis, enabling them to address and overcome the difficulties that have led to the family being at risk of breakdown, and prevent further escalation and referral to care proceedings. This year the Edge of Care Team were able to reunite 37 children with their families, and 82% of families reported that they had been supported by the service to reach their goals.

Some of the projects key achievements include:

- An increase in referrals from care and support teams.
- A direct referral route for foster carers and young people who are looked after to enable them to self-refer.
- Positive feedback from stakeholders including families and professionals.
- Working closely with the Voice of the Child Participation Officer to ensure children and young people are having their voice heard.

The Partnerships *Residential Developments* have created flexible, diverse, high-quality placements for children and young people who are looked after Closer to Home. The suite of developments has provided a range of accommodation provision to enable children to live closer to home within their communities, helping to achieve the best possible outcomes for children in care. This has included.

- Accommodation for young people transitioning to independent living from foster or residential placements.
- A therapeutic Children's home delivering intensive, clinically focused evidence-based interventions for children and young people with the most complex emotional and behavioural needs.
- Emergency accommodation as interim arrangements when placements breakdown.
- Short-break residential provision in the South of the county for children with complex needs and learning disabilities.

Integrated Family Centre



The Welshpool Integrated Family Centre was officially opened in February 2023 by Deputy Minister for Social Services Julie Morgan. The centre opened its doors in October 2022 as a "one stop shop" providing services and support to children, young people and their families.

It provides activities such as parent and toddler groups, baby massage, information and advice, Incredible Years Parenting Training programmes, health advice, family support and counselling.

This is the second Integrated Family Centre to open in the county and is part of a wider ambition to develop a series of similar sites across Powys. You can read the full story [here](#)



The Live Well Partnership works to create a supportive, empowering environment in Powys that will enable people to “Live Well” and achieve good health outcomes, through being healthy and active and by being able to access the right help and support, at the right time. The Partnership addresses the wider determinants of health and wellbeing of the working age population in Powys through a public health and asset-based community development lens, including to strengthen and transform ways of working and services for people with disabilities.



The Live Well Mental Health Partnership continues to prioritise opportunities to embed key components of the model specifically for people with mental health across Powys. The Partnership works to strengthen and transform mental health services, also ensuring services develop in order to meet the requirements of wider mental health legislation. The Partnership operates a number of subsidiary partnership groups, particularly to engage with and hear the voice of service users and their carers, and also to engage with Third sector providers of mental health services.

Live Well Highlights

Early Intervention and Prevention

Providing support and practical assistance to those who need a little extra help in their day-to-day lives can keep people living at home - safely and independently - for longer. The partnership’s *Early Intervention and Prevention (Home Support) Service* continued to provide early help and support in the form of welfare visits, telephone calls, essential shopping, collecting prescriptions, assisting carers, signposting to community services, as well as 24/7 cover for emergencies through community alarms.

These often small but significant acts are playing a big role in keeping people safe and well in their homes.

The service helps prevent and or delay the need for additional care and support and reduces feelings of isolation and loneliness. This year 13,507 scheduled home support interventions were carried out across Powys, which included supporting individuals with dementia, as well as carers. Home Support has therefore continued to alleviate pressures on other health and care professionals. Results of a survey for people using the service revealed that 98.5% felt they are able to live in their own home.

“You provide an invaluable service and give me piece of mind knowing you are there if I need you.”

Home Support Resident feedback

The Partnerships [Community Connector Service](#) has continued to support people to access community-level services and activities. This year 3,308 people were supported across Powys to access the right information at the right time. This has helped people to maintain independent lives and prevent the need for higher level health or social care services, and also promote early discharge from hospital.

“Connectors are a vital link for getting information to the community to help us raise awareness of the support services we can provide, and our specialist information.” Community Connector Feedback

Key achievements

- Delivered a more coordinated approach to managing long term conditions that gives everyone an opportunity to build on their strengths. For instance, working with health or care professional to provide tailored opportunities to support long-term health conditions. Connecting people to specific cancer, arthritis, dementia and mental health supported activities.
- Supported people to overcome loneliness and social isolation and be an active member of their community by identifying what matters to the person. Providing a holistic, tailored approach which is co-produced, including supporting people to access local groups and activities.
- Worked in partnership with health and social care providers, attending 398 virtual wards.
- Supported activities to help people feel part of their community and empowered individuals to look after their own health and wellbeing through signposting to community groups and third sector support.

Live Well Highlights

Arts Based Recovery

The ANEW programme launched in January 2023 to explore how arts and nature based activities can support individuals on a substance use recovery journey in Powys.

Through taking a peer led approach the ANEW project has the voice of lived experience at its core.

In the initial developmental stages of the programme, individuals engaged in treatment helped to co-design a survey to look at whether a Recovery Journey could be supported by arts based interventions with the support of [Kaleidoscope](#) and [Cyfle Cymru](#). In addition, focus groups were established within each Kaleidoscope hub to discuss the results of the survey and help shape what could be offered, looking at the benefits of how engagement with the ANEW program could support them.

A wide range of service users, at many different stages of recovery were invited to discuss the offer, and these findings helped to set the direction of the ANEW programme from the outset, with each group's ideas steering the programme planning.

” When designing a recovery programme for individuals whose lives are adversely affected by substance use, hearing their voice is essential to meeting the real needs of people who want to overcome addiction. Engagement has been phenomenal with over forty-five people regularly participating in our meetings and events.”

Ben Langwith, Co-Production Coordinator

“The most effective support model is led by those who know what is needed and, in this case, the creative fervour & talent of service users is driving the programme content.”

Lucy Bevan, Arts in Health Coordinator

The first phase of the ANEW activities will be delivered in Brecon, Llandrindod & Newtown from May to the end of June 2023.

ANEW is supported with funding investment from the Arts Council of Wales and the Baring Foundation through the 'Arts & Minds' scheme. The programme is led by Powys Teaching Health Board's Mental Health Service in partnership with Powys County Council and local support service organisations.

AGE WELL



The Age Well Partnership works to support older people, including those with frailty and frailty of memory, to live a thriving and independent life, maximising opportunities in the community, reducing isolation and loneliness, and providing care closer to home through an early, intervention and prevention approach.



Where individuals' care and support needs cannot be met within a community setting or within the home, emphasis is on increasing capacity and capabilities to ensure people are supported in the most appropriate setting for their needs with an emphasis on a 'home first' ethos, ensuring seamless patient flow across the health and care system whilst maximising opportunities for care closer to home.

The partnership also recognises the importance of addressing wider issues too, such as food poverty and homelessness.

Age Well Highlights

Supporting older people to remain independent at home.

The Partnerships *Micro-Enterprise Project* has worked to enable individuals and communities to use their gifts and skills to provide real choice of small scale, local, personalised and high-quality social care and health services. Community entrepreneurs run small (micro) enterprises or ventures which provide care, health or wellbeing services and support.

Many people need tailored support to live their lives, whether that be with personal care, help with shopping, cooking, or simply companionship - this project addresses all of these.

A total of 67 functional community enterprises have now been established in Powys. Some of the increased need for care is being delivered by these community micro- enterprises therefore bolstering the capacity of the registered home care providers.

The Partnerships [*Befrienders Service*](#) supports isolated individuals over the age of 50 to maintain their independence and enhance their social lives. The service now has over 100 active befrienders, and this year has provided support to 227 existing clients and 242 new clients.

“Everyone is so nice there; it's restored my faith in people. Your service has been a lifeline for me as I'm not online so I really value getting a letter or call.” Befrienders client feedback

The befrienders are helping to promote personal choice, increase self-worth, and develop skillsets. For example, connecting people to a range of activities and opportunities that helps them connect with their community or a community of interest. Befrienders also enhance their own skills through volunteering.

A volunteer satisfaction survey found that 94% of befrienders were satisfied in their role, and 91% of service users felt less lonely and isolated last year because of their befriender.



“Having lost my own Grandparents, being able to befriend an older person is a lovely experience for me and I enjoy having these conversations.” Befrienders volunteer feedback

This year the partnerships *Technology Enabled Care Project* prescribed 642 items of technology to residents, to provide care and support at home. The service continues to use cost-effective technology to help keep people safe in their own homes for longer, whilst also reducing the demands on carers. The technology can trigger automatic calls for assistance and allow family members to keep a remote eye on loved ones.

It's estimated that technology enabled care in Powys saved social care £475,872 this year.

Dementia

The All Wales Dementia Care Pathway of Standards work has progressed in Powys. Five task groups including people living with dementia and carers have been established and they drive the work to establish what can make the greatest difference to dementia care across the county.

The Dementia Listening campaign was launched in Rhayader in December 2022 to bring local residents together to shape how local people with dementia are cared for.

Local people are at the centre of the conversation, along with support from Dementia Matters in Powys, Improvement Cymru, Citizens UK, Alzheimer's Society, Powys Teaching Health Board, Powys County Council and many voluntary sector organisations.

Residents of Rhayader and surrounding areas were encouraged to become Active Listening Volunteers and also to give their views via questionnaires which were available across community venues.



Feedback from this engagement campaign will inform the Dementia Standards work across Powys.

Photo caption: Local residents came together with services, community groups and charities at successful events in Rhayader Leisure Centre in January 2022

Dementia Art Therapy

Local Artist Frances Isaac lives near Brecon and leads an Art Therapy group for people living with dementia. They met virtually online throughout the pandemic and also fortnightly in Crickhowell throughout the spring and summer of 2022.

Frances is involved in the Dementia Standards and Task group work in Powys and her input is invaluable in making improvements in dementia care. You can hear Frances talking about the power of art to support her and her students living with dementia. You can watch it on the RPB YouTube Channel - [Dementia Art Therapy - YouTube](#)



CROSS CUTTING WORK

Carers

The partnership's carers service is delivered by Credu, a registered carers charity in Powys. In the last year Credu have supported **1,796** carers across the county through a range of projects and support mechanisms. It continues to provide high-quality support which enables carers to enjoy a greater sense of wellbeing, feel more connected to others, and feel listened to.



559 new respite opportunities were delivered to carers this year.

Unpaid carers of all ages are supported to represent themselves and others in Powys and Credu are continuing to listen to Carers on what respite looks like to them, providing creative and innovative respite opportunities. They have also developed tools to reach more Carers, this year they identified 504 new carers previously unknown to them.

Credu's social media and email engagement has reached over **90,000** people this year, raising awareness and knowledge of the information and support available for Carers. Their Raising Awareness project has also supported organisations to help identify and support Carers.

A successful Carers Conference hosted by Credu was held in November 2023; the event was hosted across three venues in Powys to enable a wide number of carers to meet face to face, those who could not attend in person were enabled to contribute to the event virtually.

Carers' Voice

Unpaid carers play a vital role in looking after some of our most vulnerable citizens in Powys. Much work is underway locally and nationally to recognise and support young and adult unpaid carers to live their best life whilst caring for a friend or family member.

Two key priorities have been identified by Powys carers. They are to:

- » **Raise the profile of carers in Powys**
- » **Provide respite breaks to support them to carry on caring**

Local charity Credu, are leading on two Regional Integration Funded projects to address both of these priorities.

Mandy



The Raising Awareness project has enhanced the way hidden carers are identified and supported in Powys. Complementing this work, the Co-producing Respite Project has enabled creative community-based respite opportunities within the county.

Carers who have been part of these projects share their stories with us. Mandy, a mum who is a carer for her daughter with complex needs, talks about the strength she has found as a carer and the support she's been given by the community.

You can also hear from Ffion, a young carer who is passionate about raising the platform for young people looking after a loved one. Ffion has gained a lot from connecting with other young carers. She continues to speak out and raise awareness of issues faced by herself and others.

You can find stories on the [Credu Carers You Tube channel](#).

Ffion



Welsh Language

The partnership's Welsh Language Challenge & Support Group supports partners to deliver public services bilingually. The Active Offer helps organisations with their use of Welsh as set out in Welsh Government's 'Mwy na Geiriau / More than Just Words' policy.



There is a funded project that offers to help the Active Offer (**providing a service in Welsh without someone having to ask for it**) to Third sector organisations. The project offers a comprehensive support package which includes covering one-off translation costs, helping organisations to develop a Welsh language action plan, as well as delivering training.

This year the Active Offer social media accounts have been re-invigorated, attracting new interest. Support was provided to a number of organisations using awareness sessions, resources and support to develop Welsh language action plans. The sessions have helped organisations to understand the importance of the Active Offer and to gain confidence in offering services in Welsh.

“It was easy to follow, informative and broke down barriers of confidence.”

Active Offer session feedback

Improving the Cancer Journey

The Improving the Cancer Journey in Powys programme continued to offer residents living with cancer opportunities to have their voices heard and to access a tailored package of support using a “what matters” conversation and/or Macmillan’s holistic needs assessment (eHNA) tool.

Credul, PAVO’s Community Connector Service, the Bracken Trust and the Health Board’s Specialist Palliative Nursing Team all saw a steady increase in referrals over the year.



The Improving the Cancer Journey in Powys held multi agency events in Brecon and Welshpool in summer 2022 for anyone living with or supporting a loved one with cancer to drop by and chat to professionals, access information and take up the offer of the “what matters” conversation.

A leaflet on how to access support through the programme was coproduced with the Journeying Together forum last year and distributed to all the hospitals that treat Powys patients. Alongside the patient experience forum and the peer support network patient stories are available on the [Powys Regional Partnership Board - YouTube](#) channel.

The team worked with the Wales Ambassador for parkrun to promote the “walk it” campaign in October. This led to two people living with cancer walking the Builth Wells parkrun event each week. Six months on both residents are still coming along.



Research, Innovation and Improvement Coordination Hub

The Powys Research, Innovation and Improvement Coordination (RIC) Hub team have developed some key projects in the last 12 months. They continue to develop strong collaboration with University partners and have joined with the Wales School for Social Prescribing Research and colleagues in PTHB to develop a digital social prescribing glossary. This will support social prescribing practice and measure impact of support tools, to increase use of social prescribing among health and social care providers.

Developing Evidence Enriched Practice (DEEP) Training was delivered for staff across the partnership. This co-production approach to gathering, exploring, and using diverse types of evidence in learning and evaluation, using story and dialogue methods will inform our learning and evaluation across the RPB.

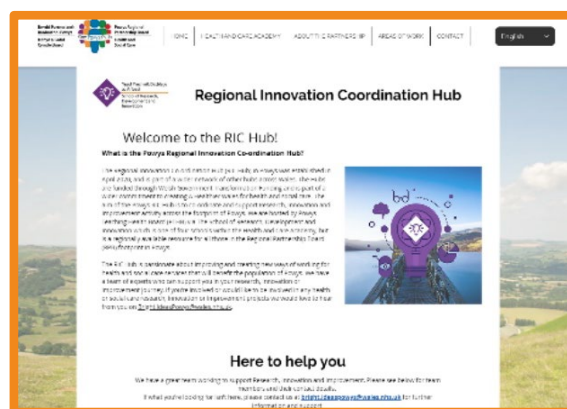


The RIC Hub is supporting the use of innovative solutions using augmented and mixed reality. They are working with different teams and departments to create virtual health and care scenarios for situations such as observations.

A new grant scheme for Health and Care colleagues across Powys has been set-up. The aim of Panel Y Ddraig is to improve the uptake of research, innovation and improvement projects and ideas across Powys by offering funding, support and guidance to applicants.

A Powys community of practice was developed to create a space for collaborating, communicating and sharing knowledge amongst those have an interest, passion and expertise in research, innovation and improvement. The group is open to members from Health, Local Authority and Third Sector across Powys.

An Intranet page and webpages have been developed with a dedicated area for Research, Innovation and Improvement tools and information. To find out more visit the RPB website www.powysrpb.org/ric-hub



North Powys Wellbeing Programme

The North Powys Wellbeing Programme was established as a key priority to deliver the county's joint Health and Care with a vision to **“assess and deliver a new integrated model in North Powys, and to support effective learning and transfer across Powys.”**



This programme will address the biggest causes of ill health and poor wellbeing through partnership between professionals and communities, offering early help and technology-enabled health and provision to ensure residents have a more seamless service when they need it.

A major strand of this programme is a proposed multi-agency health and wellbeing campus in the centre of Newtown. The campus' Programme Business Case was endorsed by Welsh Government in 2022. Work is underway on the Outline Business Case as well as on Business Justification Case for the campus' supporting infrastructure.

Proposals for the campus site include:

- » A new school for pupils of Ysgol Calon y Dderwen, Maesyrrhandir CP and Treowen CP
- » Health and care facilities, including the transfer of the town's hospital facilities from their current home on Llanfair Road as well as introducing more diagnostic equipment and facilities to undertake day surgery. Repatriation of services from outside Powys is a key ambition of the programme, helping to save travel time and cost for local patients as well as introduce additional capacity into the system.
- » Library and information services
- » Community space for wellbeing activities to take place, working alongside the voluntary sector
- » Short term supported housing
- » Accommodation for academy students and locum staff

The programme team has undertaken continuous engagement throughout the life of the programme and will continue to do so up to and after the campus opens to make sure that the citizen voice is at the heart of the programme's plans.

More information about the North Powys Wellbeing Programme can be found at www.powyswellbeing.wales



Photo caption: The Programme team meet with residents to discuss plans for the programme.

Academy campus opened

Powys Health and Care Academy's first campus, at Bronllys Community Hospital, was officially opened on 13 October 2022 by Health and Social Services Minister Eluned Morgan.

The new £1.6 million facility funded by Welsh Government and RPB partners will help improve access to health and social care training in the county and encourage more people to take up a career in the sector.

The Bronllys Campus includes a training centre, a new outdoor learning space, and an adaptive living space. This is just the start of plans for a state-of-the-art, county-wide academy, with spoke sites due to be developed over the next five years.

To read the full story [here](#)

For more information on the academy and its four schools, visit the Powys RPB website: <https://www.powysrpb.org/powyshealthandcareacademy>



Participation

Much of the work relating to Participation have been woven into the report but it is worth highlighting here some key pieces of work and our approach. We recognise the importance of involving Powys citizens across RPB partners, making best use of resource, and maximising voice and impact for people.

Citizen and Carer Representatives

The Regional Partnership Board is proud of the work it does in supporting citizens and carers to get involved with the work of the partnership. The Board has two citizen representatives and two carer representatives who are full members of the RPB and equal to all other members.

The involvement of these representatives not only informs and shapes decisions, but it continues to provide a better way to identify and tackle ‘what matters’ to people.

There are a wide range of user and provider groups who are involved in the work of the Board, and they do this through commenting on proposed work, helping to recruit key roles, and informing various processes and procedures. Over the course of the year citizen/carers representatives took part in 40 RPB meetings and Carers Steering Group meetings.

A huge thank you to the Carer and Citizen members for their valued work on the board and beyond. Meriona Davies and Carl Strack stepped down this year after three years as a carer and citizen member respectively, giving generously of their time, energy and passion to improve things for others.

Helen Wear has joined as the latest Citizen member in July 2022 , along with Hayley Pugh as the new Carers member in February 2023. As a Looked After Children's Nurse Helen is keen to help improve services for our young children and teenagers and their carers or parents.

Hayley has been a carer for her son who has complex needs, for 17 years. She works tirelessly for him and her family to live their best lives in the local community. Hayley brings a great deal of experience of working with and supporting other carers.



Meiriona | Helen | Hayley | Carl | Kim

National Citizen Voice Charter

The National Engagement Charter was formally adopted by Powys RPB members in autumn 2022. It sets out key commitments for RPBs to ensure meaningful participation of citizen, carer, third sector and provider members on the boards.

The Charter supports the role and contribution of each board member to inform, influence and be involved in the design and delivery of services. Powys RPB citizen and carer members have helped to shape the Charter at a national level, sharing good practice from the region.

The Charter was an opportunity for us to review and improve citizen voice across the wider partnership groups and arrangements.

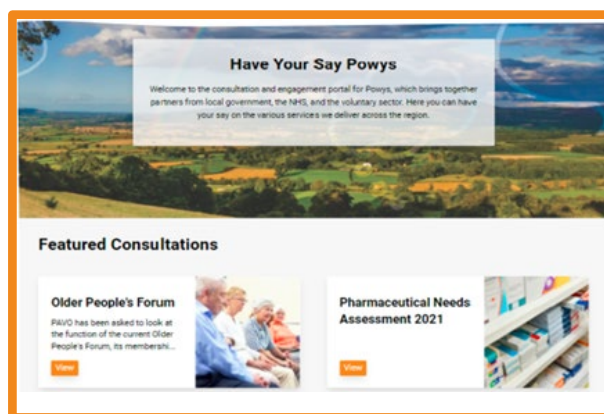
Engagement and Insight Group

The Powys Engagement and Insight group was established in 2022 to ensure that how we engage with Powys citizens across the partnership is joined up and to enable citizens to be more meaningfully involved in shaping policy, service design and delivery. The group meets monthly to share information on engagement activities, good practice and training.

Digital Tools

We have continued to build on digital opportunities around engagement.

There have been 54,637 visits to the 'Have Your Say' Powys Engagement HQ site with 12,425 visitors taking part in engagement activities since the launch of the Engagement HQ platform in May 2021 until March 2023



Through the Engagement HQ platform, the partnership can access the latest engagement tools such as quick polls, social subscribing, and online focus groups, to help capture people's thoughts in a timely manner.

CoProduction

There are some good examples of Coproduction working across the partnership— doing 'with' local communities and not doing 'to' which have been highlighted in this report. Looking forward, we will learn from these good examples and support a more consistent approach to citizen involvement. Building more equal relationships of shared power and shared responsibility with our communities, based on understanding and respect.

There will be a focus on embedding best practice methods such as those established by the [Coproduction Network for Wales](#)

Junior Start Well Award

Powys Junior Start Well Board members received Special Recognition at the Powys Volunteer of the Year Awards. The group attended the celebration of volunteering organised by Powys Association of Voluntary Organisations in March 2023.

The group of young people aged 11 – 17 years meet regularly to discuss k about issues facing children and young people across the county. The award recognised their hard work, dedication and achievements over the last two years. They attend regular meetings, spend time consulting with peers and services, and have often developed their own projects to meet the needs of their communities.

Their energy, passion and focus on what matters to young people is inspiring, and the work that they do has already benefited young people in the county.



The results of the survey they developed for young people about emotional health services has influenced decisions such as returning school nurses to school after covid and an Emotional Health Wellbeing assembly has been offered to all secondary schools in Powys.

Older People Forum

The Powys Older People Forum was reviewed and reinvigorated in October 2022 to increase the number of residents of Powys aged 60+ represented, recruiting from each of the 13 locality areas

Members of the forum include people from across the county with representation from specific areas of interest including those living in supported housing or care homes, unpaid carers, those in current employment, LGBTQ+ and Welsh language. The groups have met face to face in North, Mid and South Powys.

24 older people have shown an interest in becoming citizen members. An elected member of the Older people Forum will sit on the Age Well Board. Various community safety and health related issues have been raised through the forum and acted upon or responded to by services

Social Value

The Powys Social Value Forum enables community organisations to help decide where best to target resources to improve health and wellbeing in Powys. The forum aims to:

1. Identify need in Health and Care provision in the area and target funding and other resources to fill those gaps
2. Increase the capacity of the sector by supporting the creation of new organisations and developing the capacity of existing ones

We worked with some of the people that the Social Value Forum supports to produce this short film – you can watch it on our [You Tube channel](#) to hear more about the forum, the development fund and how it's working.



This year much progress has been made by and via Powys' Social Value Forum

- » **378 Social value organisations involved in the forum**
- » **179 activities related to Social Value initiatives were developed, and 87 were delivered**
- » **89% reported that new or developed initiatives have helped to improve well-being.**

For further information on the Powys Social Value Forum visit the RPB webpage www.powysrpb.org/cross-cutting-work

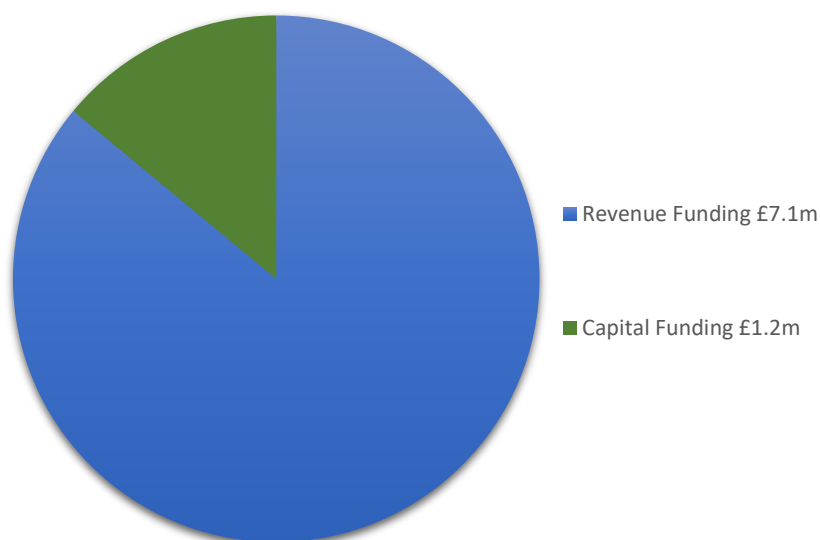
HOW THIS WORK WAS RESOURCED

The Board uses its allocations from Welsh Government revenue and capital funds as a key resource. The largest proportion of revenue funding comes from the *Regional Integration Fund* (RIF). The *Housing with Care Fund* (HCF) is also accessed to resource the Boards capital work.

Decisions around the use of funding are made collectively by the Board's members. Proposals for how it is used are put forward by the Board's partnerships (Start Well, Live Well, Age Well) which involves the input of other stakeholders and citizen/carer representatives.

Spend is closely monitored to ensure good financial management of the funding and to maximise the benefits from it. Additional funds are also committed for some projects and there continues to be significant contributions of time and staff resource.

As the RPB continues to develop it will continue to seek opportunities to access other funding to maximise the reach and impact of its work. Here is a breakdown of revenue and capital funding utilised by Powys Regional Partnership Board in 2022-23:



FORWARD LOOK

Measuring the impact of the intended change and tracking progress against the intended outcomes of the Health and Care Strategy and second Joint Area Plan 2023 – 2028. Specific key areas of focus over the next year will include:

Detailed delivery plan

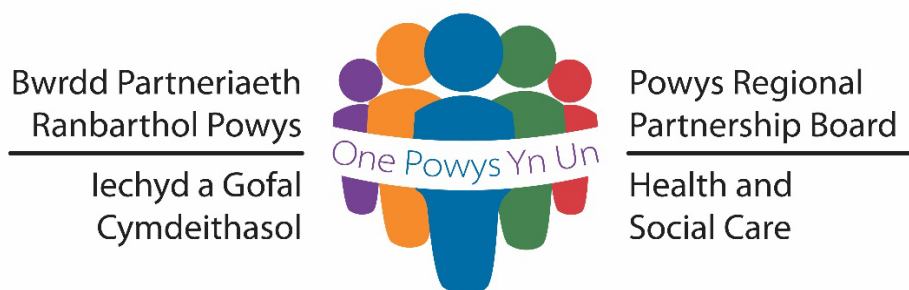
The Area Plan gives a shared platform in which to develop a partnership delivery and resource plan – this will detail the specific actions to be taken forward in the coming years in order to turn vision into action.

Measuring impact

We need to improve how we measure impact to have a stronger evidence base through intelligence-led approaches to data, engagement and insight. A key area for delivery next year will be to fully embed an approach that will bring a stronger understanding of what works well and demonstrate impact through a mixture of quantitative and qualitative information.

Conclusion

The last 12 months have continued to be challenging for the partnership. A huge amount has been progressed, yet there is clearly much more that is needed. We look forward to continuing our journey to deliver on the health and care strategy in the next five years and beyond.



For more Information contact the Powys Regional Partnership Team

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